



THE FARMING LIFE CENTRE  
SUPPORTING FARMING & RURAL LIFE  
IN THE PEAK DISTRICT

# Rural Social Group Programme September – January 2019



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*The Group meet every Wednesday 1pm-3pm Ashford Memorial Institute*

Date	Session	Time
5 <sup>th</sup> September	'Talking Trees' Gerald Price Woodland Trust	1- 3pm
12 <sup>th</sup> September	Tea, cake & chat	1- 3pm
19 <sup>th</sup> September	Tea, cake & chat	1- 3pm
26 <sup>th</sup> September	Tea, cake & chat	1- 3pm
3 <sup>rd</sup> October	Harvest Lunch	1- 3pm
10 <sup>th</sup> October	Chair based exercise to music. Age UK	1- 3pm
17 <sup>th</sup> October	Tea, cake & chat	1- 3pm
24 <sup>th</sup> October	Riber View – Kath's Café (TBC)	1- 3pm
31 <sup>st</sup> October	Tea, cake & chat	1- 3pm
7 <sup>th</sup> November	Tea, cake & chat	1- 3pm
14 <sup>th</sup> November	John Price Buxton Mountain Rescue	1- 3pm
21 <sup>st</sup> November	Tea, cake & chat	1- 3pm
28 <sup>th</sup> November	Pie & Peas	1- 3pm
5 <sup>th</sup> December	Tea, cake & chat	1- 3pm
12 <sup>th</sup> December	Tea, cake & chat	1- 3pm
19 <sup>th</sup> December	Christmas Meal (Date/venue TBC)	12 - 3pm
9 <sup>th</sup> January	Tea, cake & chat	1- 3pm

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