



Join our online Rural Social Group

Via Zoom

2.00pm on Tuesday 23rd February

EVERYONE WELCOME

**Rachel Metcalfe will be talking about a new
'Community Voice Project'**

Find out about COVID 19 updates and how you can look after your Health & Wellbeing as we respond to the ongoing pandemic. This is also an opportunity for you to share your experiences as well as concerns and raise any questions.

Grab yourself a cup of tea, coffee and even a piece of cake or a biscuit and meet virtually with friends old and new!

To access the meeting and request your zoom link please

Email: rachelmetcalfe@thefarminglifecentre.org.uk

If you need any digital assistance please let me know.

The **Methodist** Church 